

Yoga

with Jessica Tresko

The village is proud in continuing partnership with Jessica and her yoga classes since 2016.

Join us twice per week via a virtual or in person format.

Classes ranging from:

Vinyasa flow matches the breath with movements; works up a vigorous sweat

Yin deep stretching on the floor

Relaxation supported relaxing positions on the floor; props needed

Ages 10 and above of all skill levels are welcome!

When:

Wednesdays - virtual format from 5:15 -6:15 pm

Saturdays - In person format from 9:15 - 10:15 am

Where:

Virtual classes on Zoom - email & Zoom needed to access.

In person classes - upstairs auditorium at the village hall located at 4863 East 71st,
Cuyahoga Heights, OH 44125

Cost:

Residents - FREE

Non-resident guests - \$5 per class (can be pre-paid or paid day of class)

Pre-registration is required. Forms can be filled out at the village hall

Upcoming Events

BACCI PARK FOOD TRUCKS *Check Out List of Events for* **JUNE 2023**



PACK YOUR BOWL

THURSDAY

6/01

ASSORTED MEAT AND VEGGIE BOWLS, SANDWICHES, WRAPS, QUESADILLAS, SIDES, DRINKS AND MORE!

OFF THE GRIDDLE

THURSDAY

6/08

CUBAN SANDWICHES, GYROS, PITAS SALADS, FRIES AND MORE!

CHEESY DAVE'S

TUESDAY

6/13

GOURMET MAC AND CHESE, BURGERS, SANDWICHES AND SIDES!

SOUTHERN THANGS

THURSDAY

6/22

BURGERS, CHICKEN SANDWICHES, SALADS, SIDES, DESSERTS AND MORE!

TWISTED GRILL N GRIND

THURSDAY

6/29

BURGERS, TACOS, BREAKFAST ITEMS, SIDES, DESSERTS AND MORE!



ARBOR DAY 2023



2023 RIVERSWEEP @ BACCI PARK

