

## From the Sports Commissioner

We are currently working with the villages of Valley View and Brooklyn Heights to place 8 girls and 5 boys onto various softball and baseball teams within those villages. Coaches should be reaching out to parents in the next several weeks to begin scheduling practices.

The high school softball and baseball teams are playing their home games at Bacci Park again this season. Please look for signage at the park to know when there are games so you can and come support our teams. The concession stand will be open during all games as well.

As a reminder, below are the registration deadlines for the remaining recreational sports in 2018.

<u>Sport</u>	<u>Deadline</u>
Men's & Women's Softball	July 1, 2018
Fall Soccer	July 15, 2018
Youth Flag Football	July 15, 2018
Cheerleading	July 15, 2018
Youth Basketball	October 1, 2018

If you have any questions or need further information, feel free to reach out to me at [chvsports@cuyahogaheights.com](mailto:chvsports@cuyahogaheights.com) or on my cell phone at 440-227-3801.

## For Sale

Image Q15.0 Incline Treadmill in great condition. Everything works. Asking \$225.00, 2.5HP motor which reaches speeds of up to 10 mph and is inclinable for up to 10%. These allow you to modify the intensity of your workouts to suit your fitness level. This treadmill is also equipped with a built-in fan to keep you cool especially during those long workouts, and an EKG pulse sensor which monitors your heart rate and allows you to burn more fats by working out in your target heart rate zone. INCLINE: 1.5 to 10% BELT SIZE: 50" x 18" FOLDABLE: Yes HEART RATE: Yes Built-in fan • Quickspeed • EKG pulse sensor.

*Gerry Sajetowski 216-441-8979*

CONTACT AMANDA AT  
[A.DOMZALSKI@CUYAHOGAHEIGHTS.COM](mailto:A.DOMZALSKI@CUYAHOGAHEIGHTS.COM) TO JOIN  
OUR NEWSLETTER EMAIL LIST!

NEED TO SPREAD THE WORD? CONTACT THE VILLAGE  
HALL @ (216) 641-7020 TO GET YOUR AD IN OUR  
NEWSLETTER.