

CUYAHOGA VALLEY CAREER CENTER

Community Wellness Presentation

“Vitamins and Supplements: Nutrition in a Pill?”



Tuesday, October 17, 2017

1:00 p.m. - 2:00 p.m.

The Valley Inn Restaurant at CVCC

- Hosted by CVCC and presented in collaboration with the Cleveland Clinic.
- Light refreshments prepared by CVCC's Culinary Arts students will be served.

Vitamins and supplements may be a useful way to get nutrients you might otherwise be lacking. However, before you go shopping, get the facts from the **Cleveland Clinic Pharmacy Team** on what they will and will not do for you.

Free event, registration required.

Register by: October 10, 2017 to Marie Elias at
melias@cvccworks.edu or online at: <http://tinyurl.com/CVCC-10-17-17>

Serving the school districts of: Brecksville-Broadview Heights ♦ Cuyahoga Heights ♦ Garfield Heights ♦ Independence ♦ Nardon Hills ♦ North Royalton ♦ Revere ♦ Twinsburg

8001 Brecksville Rd. ♦ Brecksville, Ohio 44141 ♦ 440.526.5200 ♦
www.cvccworks.edu