



## Village of Cuyahoga Heights Newsletter ~ August 2016

### Flu Shots

In cooperation with CVS Pharmacy and the Mayor's Office, we will be offering flu shots to our Village senior residents (60 years of age and older). Just like we have done in the past, the Village will pay for flu shots for our Village senior residents and employees. In addition, we will offer flu shots to our Village residents who are under 60 years of age; however, those individuals are required to pay for their flu shot at a cost of \$31.00; payment of "exact" cash or check is due the day of the shot.

The flu shots will be administered on Friday, September 30 in the Village Hall Auditorium between the hours of 9:00-10:00 a.m. As in past practice, **flu shots will be offered by reservation only**. Please call Lee Ann at the Village Hall at 641-7020, Monday through Friday during normal business hours to make your reservation. Also, please advise her if you need a ride to and from the event. **Deadline to register is 3:00 p.m. on Friday, September 23.**

Our well visit clinic will also be open that morning for our senior citizens beginning at 8:30 a.m. with our Village Nurse, Joanne Socausky – **no reservation is required**. If you plan on getting blood work, **please do not eat or drink anything after midnight the night before**. We will have a light breakfast, as well as refreshments, for our senior resident participants.



### Sports Registrations

Please note that there is a \$25 late fee for sports registrations that occur after the published deadline. The fee was established because late registrations create administrative and organizational difficulties when trying to plan leagues and schedules. In addition, late sign ups cause teams to grow beyond an appropriate size, which has an adverse effect on the ability of the participants to learn and develop. All registration dates are published in our newsletters, on our website, as well as promoted on our Village outdoor marquees.

Listed below are the dates of our annual deadlines for specific sports offered through our Sports Commissioner. Sports registration forms can be downloaded from [www.cuyahogaheights.com](http://www.cuyahogaheights.com) under the "Sports Department" and are also available at the Village Hall. If you have any questions relative to our sports programs, please contact Sports Commissioner Stacey Vitanza at (440) 227-3801, or you can email her at [stacey\\_vitanza@yahoo.com](mailto:stacey_vitanza@yahoo.com).

#### ACTIVITY

#### DEADLINE DATE

Spring Soccer Registration	March 1
Youth Baseball & Softball	April 1
Adult Men's & Women's Softball	July 15
Cheerleading	August 1
Youth Flag Football	August 1
Fall Soccer	August 1
Youth Basketball	October 15